

Spring Issue  
May 2025



# Swarm 2025

## Swarm Head Coach

Don Wemer

## 2025 Assistant Coaches

Nate Attwell

... (pending)

## 2024 Assistant Coaches

Nate Attwell

Marissa Minozzi

Bryan Stephens

Caitlin Thomas (volunteer)

Welcome to our very first Swarm newsletter!

## Important Dates:

Thu May 15 (6-7pm) – General interest meeting at James Harmon Community Center

Wed Jun 11 (6pm) – Parents' meeting at Chemka Pool

Sat Jun 14 (8:30-10am) – Swim assessments

Mon Jun 16 – Afterschool practices begin

Mon Jun 30 – Morning practices begin

## Coaches' Corner

*Hey Swarm, we hope your year is going well! As the days get longer and the weather gets warmer, we hope you all keep working hard and trying your best at everything you do! Whether it's swimming or a different sport, or even your schoolwork, we know that each and every one of you can succeed and we are so excited to see what you guys can do! We are incredibly excited to coach you again this year!*

*Best of luck, and with all of our support,*

*Coaches Don and Nate*

## 2025 Season

Swarm Mock Meet - 6/28

## Div 5 Meets:

Ardley Swim - 7/9

Lakenridge - 7/15

Siwanoy - 7/21

Sleepy Hollow - 7/23

Winged Foot - 7/30

WCSC Championships - 8/4~7

**Swarm Potluck!** - Sat 8/9

## Recap of Swarm 2024

Competing in Division 5 of the Westchester County Swim Conference (WCSC) for the first time in many years, the 60+ swimmers on Hastings Swarm had a solid 2024 season with 2 wins, 2 losses, and a win in our Division 5/6 crossover meet. This put us securely in Division 5 for 2025!



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Go Swarm!!!

## World Swimming News

- At the 2024 Paris Olympics, U.S. swimmer, **Katie Ledecky** became the most decorated female Olympian of all time; she was also the first woman to win the same individual event at four consecutive olympics (800m freestyle)
- Recently, **Lukas Martens** broke the Mens 400m freestyle world record which was considered to be one of the four “unbreakable” world records set in 2009

## Interesting Facts

- Pro baseball phenom, **Shohei Ohtani** was a star swimmer in high school
- Long distance swimmer, **Lynne Cox** recently came and spoke to Farragut Middle School students; she was the first woman to swim across the US-Soviet border in the Bering Strait (1987)

## Feedback?

**Newsletter ideas?** Send to Jen Ito and Coach Nate at:

[hastingssswarm@gmail.com](mailto:hastingssswarm@gmail.com)

For **general inquiries**, email the **Swarm Parents Association** at:

[parents@hohswim.org](mailto:parents@hohswim.org)

## 2024 WCSC Championships

At the 2024 Championship finals held August 8, our swimmers valiantly represented Hastings despite the cold, windy, and wet conditions.

- Velvet Marsh** (15), 17U girls 100 yd breaststroke, **13<sup>th</sup> place**
- Barbara Chang** (13), 14U girls 100 yd breaststroke, **14<sup>th</sup> place**
- Toby Chen** (12), 12U boys 50 yd freestyle\*, breaststroke, and butterfly\*, **all 1st place** (\*meet records broken; 12U boys high point champion)
- Violet Campanelli** (13), **Alyssa Schlacter** (13), **Barbara Chang** (13), and **Velvet Marsh** (15), 17U girls 200 yd freestyle relay, **14<sup>th</sup> place**

## 2024 Potluck and Awards Ceremony

Capping the season's end, the potluck and awards ceremony gave coaches the chance to recognize each swimmer's hard work over the season, followed by the annual coin toss!



## Looking Forward to Swarm 2025

This summer, the swarm is going to be competing in Division 5 again, with some of the great competition we faced last year! Last summer, we gave some of the Division 5 clubs a run for their money! We look forward to continuing to develop our program this year and keep having fun in the process. There are a few new things we would like to try this summer, like more team building and rallying events before meets as well as some merchandise available for purchase that our swimmers can proudly wear! All of us coaches are incredibly excited and hoping to see all of you again to kick off another great season! - *Coach Nate*

